

## Back to the Basics

### 8-Topics

1. Expository Preaching & Catechism
2. **Biblical Counseling & Family Worship**
3. Church Membership & Discipleship
4. One-on-One Discipleship & Home Visits
5. Church Discipline & Evangelism
6. Ministry Apprenticeship & Fellowship
7. Prayer & Serving
8. Mercy Ministry & Review

### Topic 2: Biblical Counseling & Family Worship - Objective

**Learn** to practice biblical counseling and family worship to reflect Christ's love,

**Observing** individual counseling and worship and

**Practicing** through BBC ministries and home life, using Colossians 3:12–17 to grow in faith and unity.

### Learning

**Biblical counseling** applies God's Word to guide hearts toward Christ-centered restoration, addressing sin, suffering, and struggles with truth, grace, and hope. 2 Timothy 3:16–17; Psalm 32:8.

Involves listening, praying, and offering Scripture-based encouragement to lead others to Jesus Gal 6:1.

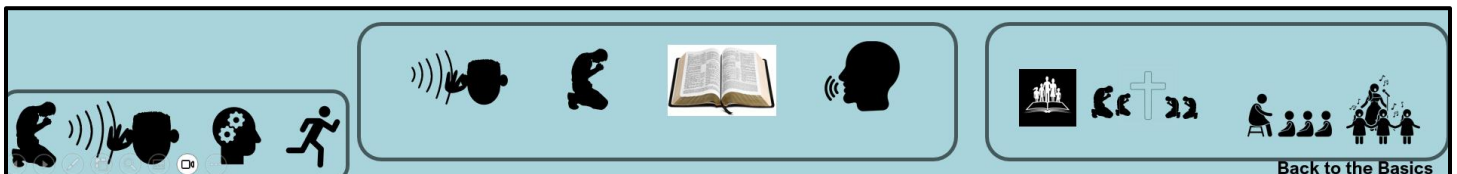
Motivation: Christ's compassion, forgiveness, and humility compel us to counsel others with love, mirroring His mercy shown to us. Col. 3:12–13; Eph. 4:32; 1 Peter 3:8.

**Family worship** establishes a God-honoring home through daily Scripture reading, prayer, and song. It equips parents to teach faith to children and unites the household to glorify God Deut. 6:6–7; Josh. 24:15. Motivation: Leading family worship fulfills our calling to raise children in the Lord and proclaim God's works to future generations, anchoring families in His unchanging truth. Eph. 6:4; Ps. 78:4–6.

**Application:** Col. 3:12–17 calls us to counsel with kindness, patience, and Scripture, fostering restoration in relationships (v. 12–13). It urges us to let "the word of Christ dwell richly" (v. 16) in family worship through teaching, prayer, and song, cultivating peace, gratitude, and unity (v. 15).

These practices reflect Christ in church and home, strengthening faith.

**Practice:** Counsel others with Christ's compassion and lead consistent family worship to nurture faith.



### Activities & Discussion

**Method:** Counseling & Worshiping 

**Apply:** Colossians 3:12–17 (Counsel & Lead) 



### Observing (Small Groups, 15 min)



How do others (and I) practice biblical counseling or family worship?

- Pray for Christ's Love: Who at BBC prays for compassion before counseling? \_\_\_\_\_
- Listen with Empathy: Who listens well to others' struggles or God's Word? \_\_\_\_\_
- Apply Scripture: How has someone used Scripture to counsel or worship? \_\_\_\_\_
- Build Consistency: Who counsels or leads worship regularly? Can I imitate? \_\_\_\_\_

Ex: How do people apply Colossians 3:12–17?

- Church-Life: How has someone helped a struggling member with Colossians 3:12? \_
- Home: How has a parent led family worship with Colossians 3:16? \_\_\_\_\_
- Work: How has someone shown forgiveness at work (v. 13)? \_\_\_\_\_
- Neighborhood: How has someone shared God's Word with a neighbor (v. 16)? \_\_\_\_

<p>How do others (and I) practice <b>biblical counseling</b>?</p> <ul style="list-style-type: none"> <li>• Pray for Christ's Love: Seek God's heart to counsel and worship with compassion.</li> <li>• Listen with Compassion: Hear struggles and use God's Word with care and prayer.</li> <li>• Apply Scripture: Use God's Word to guide counsel and deepen worship.</li> <li>• Build Consistency: Practice weekly counseling</li> </ul>	<p>Colossians 3:12–17 (Counsel &amp; Lead)</p> <ul style="list-style-type: none"> <li>• Pray for love to counsel a friend facing marital struggles. _____</li> <li>• Encourage the friend to read Colossians 3:16 and internalize it. _____</li> <li>• Practice: Counsel a friend with Colossians 3:12–13; lead worship with v. 16. _____</li> <li>• Reflect: How can I support a friend? _____</li> </ul>
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<p>How do others (and I) practice <b>family worship</b>?</p> <ul style="list-style-type: none"> <li>• Read God's Word: Prepare and read through scripture regularly.</li> <li>• Pray for Christ's Love: Seek God's heart to worship with joy.</li> <li>• Instruct: Speak of the main point and its application for the family.</li> <li>• Sing: Listen to a song or sing songs that reflect God and His truth.</li> </ul>	<p>Colossians 3:12–17 (Counsel &amp; Lead)</p> <ul style="list-style-type: none"> <li>• Pray for wisdom to select the scripture and song for the day. _____</li> <li>• Plan to read Colossians 3:16 with the family nightly. _____</li> <li>• Practice: Teach and sing "Amazing Grace" with the family. _____</li> <li>• Reflect: How can I worship with my family this week? _____</li> </ul>
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**Observe:** Name(s): \_\_\_\_\_ **Area:** \_\_\_\_\_



### **Practicing (Pair-Sharing, 10 min)**



<p>How will I apply biblical counseling or family worship?</p> <ul style="list-style-type: none"> <li>- Pray for Christ's Love: How will I pray for compassion in counseling/worship? _____</li> <li>- Listen with Empathy: How will I listen to others or God's Word with care? _____</li> <li>- Apply Scripture: How will I use Colossians 3:12–17 in counsel or worship? _____</li> <li>- Build Consistency: What step will I take for regular counseling/worship? _____</li> </ul>	<p>Ex: How do I apply Colossians 3:12–17 today?</p> <ul style="list-style-type: none"> <li>- Church: Can I join Elder Counseling to support others (v. 12)? Challenges? _____</li> <li>- Church: Can I serve in Prayer Teams (Jose Burgos) to pray for others? Obstacles? _____</li> <li>- Home: How can I lead worship with AWANA (Taylor Crane)? Barriers? _____</li> <li>- Home: How can I counsel my spouse/child with v. 13? Fears? _____</li> </ul>
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**Sign-Up:** Name(s): \_\_\_\_\_ **Ministry Interest:** \_\_\_\_\_

### **Key Takeaways for Reflection**

- **Show Christ's Love:** Counsel with compassion and forgiveness (Colossians 3:12–13).
- **Learn from Others:** Reflect on examples of counseling or worship in church/home.
- **Serve at BBC:** Join a ministry to practice biblical counseling or support worship.
- **Lead at Home:** Establish family worship with Colossians 3:16 to nurture faith.