

Back To The Basics

2. Biblical Counseling & Family Worship

**~ Please sit in groups of 4-6 ~
(High schoolers in their groups)**

July 6, 2025

Topic 2:

Biblical Counseling & Family Worship

Objective

1. **Learn** to practice *biblical counseling* and *family worship* to reflect Christ's truth and love,
2. **Observe** individual *counseling* and *worship* and
3. **Practice** through BBC ministries and home life, using Colossians 3:12–17 to grow in faith and unity.





Learning: Scope

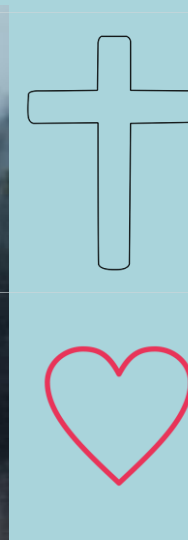
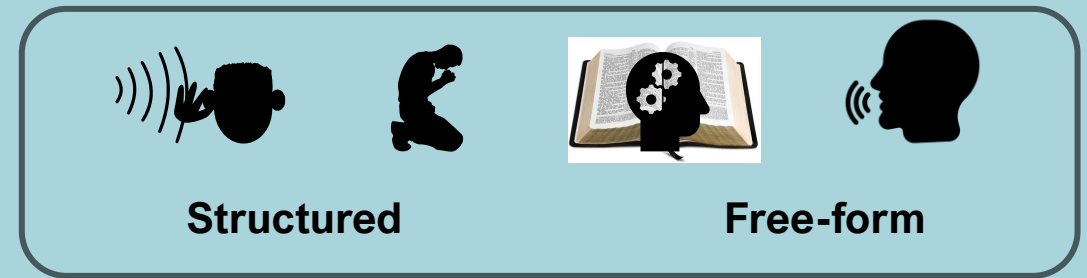
Biblical counseling applies God's Word to guide hearts toward Christ-centered **Worship**

Family worship establishes a God-honoring home through Biblical **Counsel**





Learning: Structure - Counseling



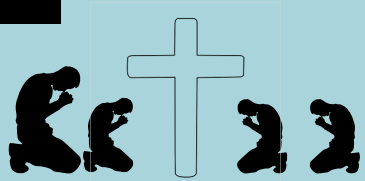
Family worship establishes a God-honoring home through Biblical Counsel



Learning: Structure – Family Worship



Free-form

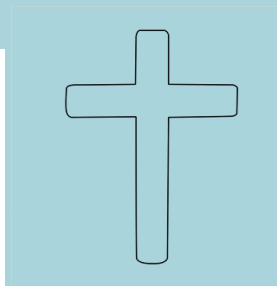


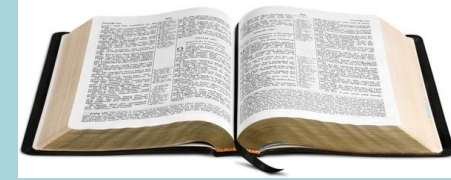
Structured

gospel



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Learning: Scriptures – Col. 3:12–17

How should my attitude change, in counseling or in family worship? Cognitive and **Affective**



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¹² **Put on** then, as God's chosen ones, holy and beloved,
compassionate hearts, kindness, humility, meekness, and patience,

¹³ bearing with one another and, if one has a complaint against another, forgiving each other;
as the Lord has forgiven you, so you also must forgive.

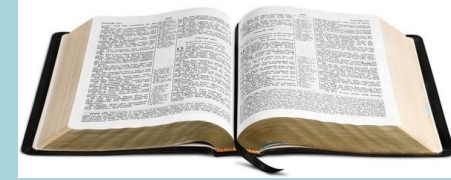
¹⁴ And above all these **put on** love, which binds everything together in perfect harmony.

¹⁵ And **let the peace of Christ rule** in your hearts,
to which indeed you were called in one body. And be thankful.

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¹⁶ **Let the word of Christ dwell** in you richly, teaching and admonishing one another in all
wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.

¹⁷ And whatever you do, in word or deed, **do everything in the name of the Lord Jesus,**
giving thanks to God the Father through him.



Learning: Scriptures – Listening right!

1. How do I **trust God's Word** to counsel others?

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*2 Timothy 3:16–17 All Scripture is breathed out by God and **profitable** for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be complete, **equipped** for every good work*

2. How do I **depend on God** to counsel others?

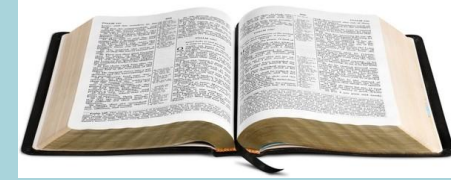
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*Psalms 32:8 I will instruct you and teach you in the way you should go;
I will counsel you with my eye upon you.*

3. How do I **help restore** those who ask for counsel?

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*Gal 6:1 Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of **gentleness**. Keep **watch** on yourself, lest you too be tempted.*



Scriptures – Listening right!

How do I **counsel** and lead **worship** using these texts (who are you in Christ)?

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1. **Col. 3:12–13** Put on then, as **God's chosen ones, holy and beloved**, compassionate hearts, kindness, humility, meekness, and patience, ¹³ bearing with one another and, if one has a complaint against another, forgiving each other; **as the Lord has forgiven you**, so you also must forgive.

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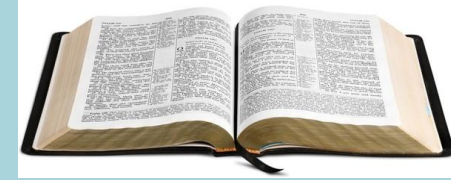
2. **Eph. 4:32** Be kind to one another, tenderhearted, forgiving one another, **as God in Christ forgave you**.

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3. **1 Peter 3:8** Finally, **all of you**, have unity of mind, sympathy, brotherly love, a tender heart, and a humble mind.

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4. **James 1:19** Know this, my beloved brothers: **let every person be** quick to hear, slow to speak, slow to anger



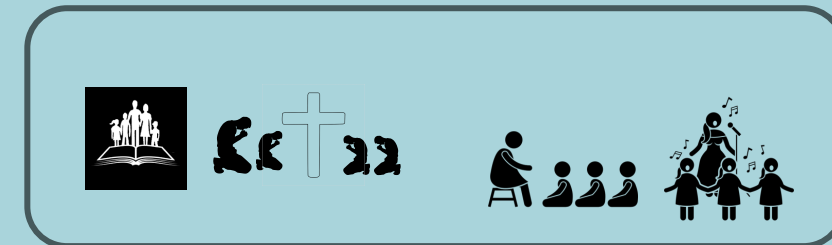
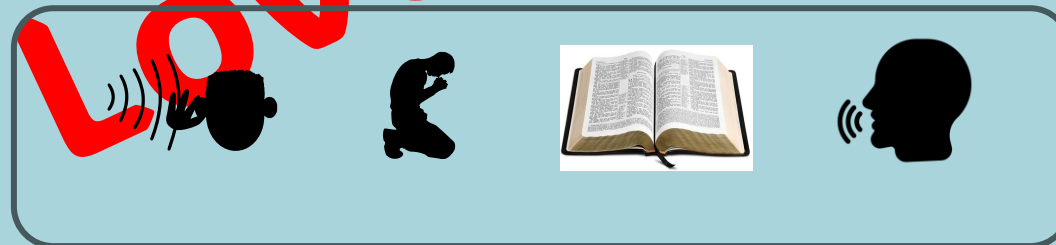
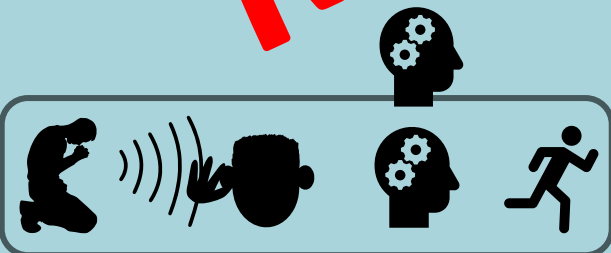
Learning: Scriptures – Listening right!

- *Eph. 6:4* Fathers, do not provoke your children to anger,
but **bring them up** in the discipline and instruction of the **Lord**.
- *Josh. 24:15*
We will **not hide** them from their children,
but **tell** to the coming generation
the glorious **deeds of the LORD**, and his **might**,
and the **wonders** that he has done.
- *Deut. 6:6–7* And these words that I command you today shall be on your heart.
⁷ **You shall teach them diligently to your children**, and shall talk of them when you **sit** in your house,
and when you **walk** by the way, and when you **lie down**, and when you **rise**.
- *Josh. 24:15* And if it is evil in your eyes to serve the LORD, choose this day whom you will serve,
... **as for me and my house, we will serve the LORD.**”



Sanctification Takeaways

- **Show Christ's Truth in Love:** Counsel with true compassion and the gospel
Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience... Col. 3:12–13
- **Learn from Others:** Reflect on examples of counseling or worship in church/home
- **Serve at BBC:** Join a ministry to practice biblical counseling or support worship
- **Lead at Home:** Establish family worship, nurture faith and exalt Christ
Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God... Col. 3:16





Observe: Method and Application

Method: **Counseling** & **Worshiping**

- Pray for Christ's Love: Seek God's heart to counsel and worship with compassion.
- Listen with Compassion: Hear struggles and seek God's Word with care and prayer.
- Apply Scripture: Use God's Word to guide counsel and deepen worship.
- Build Consistency: Practice regular counseling

Apply: Colossians 3:12–17 (**Counsel** & **Lead**)

- Pray for love to counsel a friend facing marital struggles. _____
- Encourage the friend to read Colossians 3:16 and internalize it. _____
- Practice: Counsel a friend with Colossians 3:12–13; lead worship with v. 16. _____
- Reflect: How can I support a friend?





Observe: Method and Application

Method: Counseling & Worshiping

- Pray for Christ's Love: Seek God's glory to worship with joy in your family.
- Read God's Word: Prepare and read scripture regularly.
- Instruct: Speak of the main point and its application for your family.
- Sing: Listen to songs and sing together, reflecting God and His truth.

Apply: Colossians 3:12–17 (Counsel & Lead)

- Pray for wisdom to select the scripture and song for the day. _____
- Plan to read Colossians 3:16 with the family nightly. _____
- Practice: Teach and sing "Amazing Grace" with the family. _____
- Reflect: How can I worship with my family this week? _____





Observe (Example) – Col. 3:12–17

Counseling: Your friend Sarah confides about marital struggles, feeling hurt by her husband’s neglect.

Following Colossians 3:12–13, you pray with her for Christ’s truth and compassion, listen without criticizing (James 1:19), and share how forgiveness reflects Jesus’ love.

You encourage her to journal Psalm 32:8 (“I will counsel you with my eye upon you”) to seek God’s guidance and suggest meeting with Elder Counseling for deeper support.

You commit to weekly check-ins, texting her Ephesians 4:32 to remind her of Christ’s mercy.

Outcome: Sarah gains hope, begins applying Scripture, and pursues counseling, growing in faith.

Family Worship: Inspired by Col. 3:16, you start a 10-min nightly devotion with your children (ages 6 and 8).

You read Col. 3:12–17, explaining how kindness honors God, pray together for family unity, and sing “Amazing Grace” using AWANA song sheets.

You engage kids by asking, “How can we show kindness at school?” and use AWANA resources to memorize Col. 3:16.

Outcome: Your children grow in faith, and the family builds a consistent worship to see God in the center.

Memorize / Internalize Col. 3:16

“Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom...”



Observe (Examples) Col. 3:12–17

Counseling: Your friend Sarah confides about marital struggles, feeling hurt by her husband’s neglect.

Outcome: Sarah gains hope, begins applying Scripture, and pursues counseling, growing in faith.

Counsel with scriptures, words, and actions for these...

1. *Your friend is not sleeping well at night*
2. *Your friend is anxious about an upcoming event*
3. *A member notes that his work situation has become tough*
4. *You hear someone crying quietly in the hallways*
5. *Your friend just got laid off at work*
6. *Your friend is having serious marital problems*
7. *Your friend just lost a close family member*

Family Worship: Inspired by Col. 3:16, you start a 10-min nightly devotion with your children (ages 6 and 8).

Outcome: Your children grow in faith, and the family builds a consistent worship to see God in the center.

Your family is...

1. *New to the faith, don’t know where to start*
2. *Longtime believers, never done devotions before*
3. *Inconsistent and sporadic for family worship*
4. *Having nightly devotion but no songs or at other times*
5. *Struggling very young infants and toddlers*
6. *Managing older, strong-willed grown children*
7. *Interacting with an unbelieving spouse*

Memorize / Internalize Col. 3:16

“Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom...”



Small Group Time

1. Use the handout questions to learn from each other
2. Discuss ways each of you succeed (or need improvement)
3. Select 1-2 topics to share



Small Group Guidelines

Remember...

1. **God** gave you any godly desire and ability you have, so this is not self-boasting
 - Acknowledge God with a thankful heart to glorify God and to help others
2. You are **growing** in Christ, so you can praise God for any measure of growth
 - It's ok to say that there is nothing to share now
3. You **express** your love for God by listening to Him and obeying Him
 - Find specific ways from others to grow in obedience and love

Small Group Time – 10 Minutes



1 2 3 4 5

6 7 8 9 10

Start

Half Time

Finish!

Share 1-2 answers that you appreciated

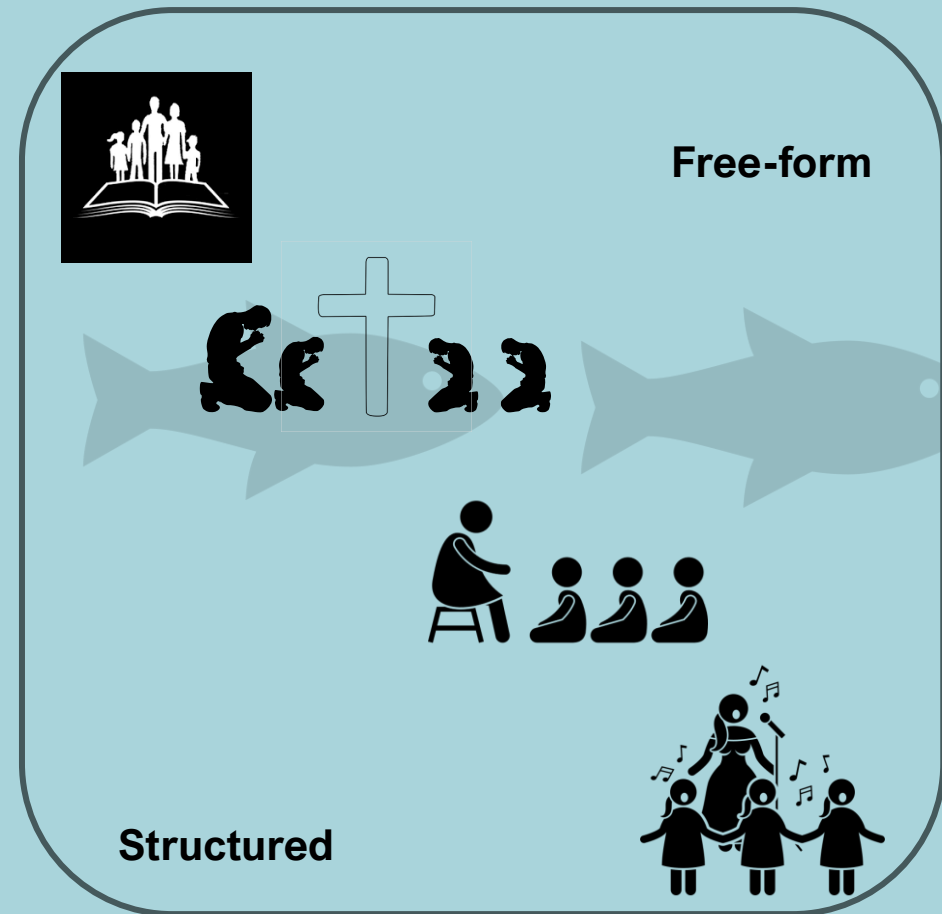
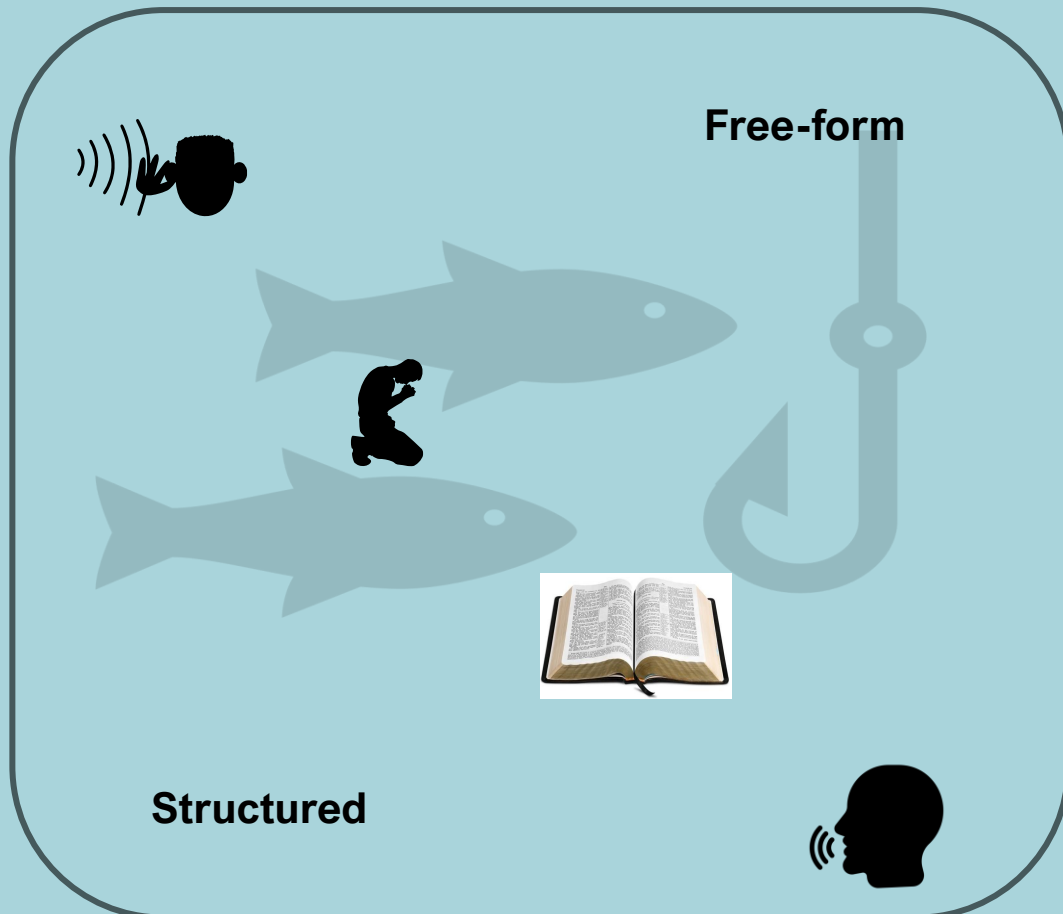
1 2 3 4 5

Thank you!



Practicing (Individual / Pair-Sharing)

How will I apply **biblical counseling** or **family worship**?





Pair-Sharing Guidelines

Remember...

- **Walk through your thinking – what you want to do**
 - It is the Lord you seek to please with your choices
 - Listen to any feedback you get
- **Listen to the other person's thoughts**
 - Ask questions if something is unclear
 - Provide any insights you have

Pair Sharing Time – 5 Minutes



Person 1

1 2 3 4 5

Person 2

6 7 8 9 10

Share 1-2 answers that you appreciated from each group

1 2 3 4 5

Thank you!



Ministry Connections

Apply Luke 9:23 by joining a BBC ministry (bbcchurch.org/ministries)

- **Greeters** (Gary Lozeau)
- **Ushers** (Jose Burgos)
- **Home Groups** (Jonathan Ferreira)
- **Prayer Teams** (Jose Burgos)
- **Evangelism, CONNECT** (Jonathan Ferreira)
- **Meals Ministry** (Spencer Kennard)
- **Children's Ministry** (Mark Krans)
- **AWANA** (Taylor Crane)

Thoughts...

Questions...

Feedback...

8 Topics Preview

- | | | |
|-------------------------------|---|-----------------------|
| 1. Expository Preaching | & | Catechism |
| 2. Biblical Counseling | & | Family Worship |
| 3. Church Membership | & | Discipleship |
| 4. One-on-One Discipleship & | | Home Visits |
| 5. Church Discipline | & | Evangelism |
| 6. Ministry Apprenticeship | & | Feet washing |
| 7. Prayer | & | Serving |
| 8. Mercy Ministry | | |
| 9. Review | | |

